

# After Your Synvisc-One® (hylan G-F 20) Injection

A single injection administered by your doctor

## WHAT TO EXPECT

### In the first 48 hours:

- You should avoid activities that put excessive strain on your knee such as jogging, lifting or prolonged standing
- If you have any mild pain or swelling at the injection site, apply an ice pack on your knee as recommended by your doctor
- The most common Synvisc-One side effects are pain, swelling, heat, redness and fluid buildup around the knee. If these symptoms do not go away or if you have other side effects, please contact your doctor as soon as possible.

### In the coming months:

- Everyone responds differently, but in a medical study, many patients experienced pain relief starting one month after their injection<sup>1</sup>
- Synvisc-One can provide up to six months of osteoarthritis knee pain relief\*

\*As shown in a medical study comparing Synvisc-One to an injection of salt water.

1. Chevalier X, Jerosch J, Goupille P, et al. Single, intra-articular treatment with 6 ml hylan G-F 20 in patients with symptomatic primary osteoarthritis of the knee: a randomised, multicentre, double-blind, placebo controlled trial. *Ann Rheum Dis*. 2010;69(1):113-119. doi:10.1136/ard.2008.094623.

## Indication

Synvisc-One® (hylan G-F 20) is indicated for the treatment of pain in osteoarthritis (OA) of the knee in patients who have failed to respond adequately to conservative non-pharmacologic therapy and simple analgesics, e.g., acetaminophen.

## Important Safety Information for Synvisc-One

Before trying Synvisc-One, tell your doctor if you have had an allergic reaction, such as swelling of the face, tongue or throat, respiratory difficulty, rash, itching or hives to SYNVISC or any hyaluronan-based products. Should not be used in patients with an infected knee joint, skin disease or infection around the area where the injection will be given, or circulatory problems in the legs.

Synvisc-One is only for injection into the knee, performed by a doctor or other qualified health care professional. Synvisc-One has not been tested to show pain relief in joints other than the knee. Tell your doctor if you are allergic to products from birds – such as feathers, eggs or poultry – or if your leg is swollen or infected.

Synvisc-One has not been tested in children ( $\leq 21$  years old), pregnant women or women who are nursing. You should tell your doctor if you think you are pregnant or if you are nursing a child.

Talk to your doctor before resuming strenuous weight-bearing activities after treatment.

The side effects sometimes seen after Synvisc-One include (<2% each): pain, swelling, heat, redness, and/or fluid build-up in or around the knee. Tell your doctor if you experience any side effects after treatment with Synvisc-One.

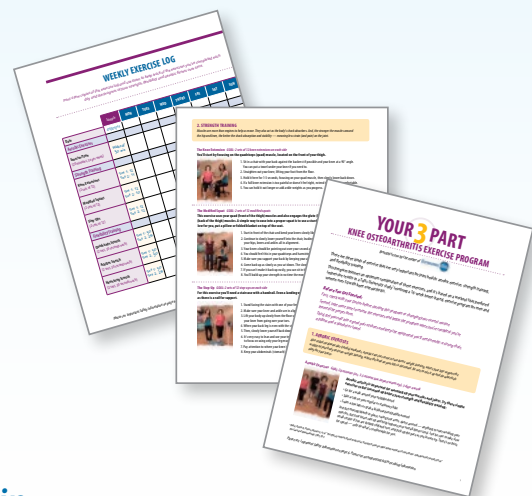
Please go to [synvisccone.com/pi](http://synvisccone.com/pi) for full Prescribing information.

## JOIN ONTRACK WITH SYNVISC-ONE

Get the advice and resources you need, including the latest information on knee exercises, nutrition and activities, to help you make the most of your medical treatment.

### Join today for your FREE Knee Exercise Program Guide:

With step-by-step instructions for exercises designed specifically for patients with knee osteoarthritis.



### Two easy ways to join ONTRACK with Synvisc-One:

Call 1-855-262-1467 or visit [synvisccone.com/exerciseguide](http://synvisccone.com/exerciseguide)